

Bloomsburg Middle School

Menus for NOVEMBER 2019

This institution is an equal opportunity provider. Menus are subject to change.

WILD CHILD

The majestic wild turkey is nothing like its barnyard cousin on the Thanksgiving table. The wild ones can run 25 miles an hour and can fly at 50+. They sleep in trees, and the big males have been known to chase off humans who get too close. Wild turkeys prefer to eat nuts, seeds, and berries – but they'll also consume insects, frogs, lizards, and snakes.



ANIMAL APPETITES



Friday, November 2

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Ham, Egg, Cheese Bagel

Lunch

General Tso Chicken over Rice
and Roll
Sloppy Joe on Roll
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides:
Cooked Carrots / Fresh Veggies
Fruit and Milk

Monday, November 4

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
French Toast Sticks

Lunch

Corn Dog Nuggets
Turkey burger on a Bun
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides:
Potato Emojis / Fresh Veggies
Fruit and Milk

Tuesday, November 5

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Breakfast Pizza

Brunch for Lunch

3 French Toast Sticks / 2
Sausage
Hot Ham and Cheese Panini
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides:
Tater Tots / Fresh Veggies
Fruit and Milk

Wed., November 6

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Cinnamon Roll

Lunch

Popcorn Chicken Mashed Potato
Bowl with Roll
BBQ Rib Sandwich
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides:
Golden Corn / Fresh Veggies
Fruit and Milk

Thursday, November 7

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Sausage and Cheese Bagel

Lunch

Pasta with Meatballs and Garlic
Bread
Spicy Chicken Sandwich
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides:
Fresh Baked Cookie!
Cesar Salad / Fresh Veggies
Fruit and Milk

Friday, November 8

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Breakfast Burrito

Lunch

Four Meal Pizza
Fish Sandwich
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides:
Baked Beans / Fresh Veggies
Fruit and Milk

Monday, November 12

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Pizza Bagel

Lunch

Salisbury Steak with Roll
Spicy Chicken Sandwich
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides:
French Fries / Fresh Veggies
Fruit and Milk

Tuesday, November 13

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Ham, Egg, Cheese Muffin

Taco Tuesday - Lunch

Beef or Chicken Taco
With Cheese
(Soft Shells or Chips)
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides: Spanish Rice/ Black Bean
Salsa/ Lettuce and Tomato
Fruit and Milk

Wed., November 14

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Mini Waffles

Breakfast for Lunch

Pancakes with Sausage and
Syrup
Ham and Cheese Bagel
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides:
Tater Tots / Fresh Veggies
Fruit and Milk

Thursday, November 15

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Pancakes and Sausage

Lunch

Chicken Parmesan with Side of
Pasta and Garlic Bread
Turkey & Cheese on Pretzel Roll
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides:
Cesar Salad / Fresh Veggies
Fruit and Milk

Friday, November 16

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Cinnamon Roll

Lunch

French Bread Pizza
Cheese Steak Hoagie
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides:
Mixed Vegetables / Fresh Veggies
Fruit and Milk